

three peaks on tour **2008** ROUTE GUIDE

hello & welcome to the three peaks tour

Firstly, thank you and congratulations for taking part in this event. Every penny raised in sponsorship will go to the four thoroughly deserving charities:

Macmillan Cancer Relief
Cancer Research UK
Oesophageal Patients Association
Marie Curie Cancer Care.

The purpose of this guide is to provide you with the step by step details of how to get round this 22 mile course. This should be used in conjunction with the map provided, although we hope that the information contained in the guide is detailed enough to get you round unscathed! You will find in this guide step by step instructions and the following supporting information:

POR. Point of Reference. Things of importance we noticed as we've trekked this route.

PIC. Pictures. The photos we've included are for a couple of points where we feel you could go wrong.

Enjoy the walk, and we'll see you in the pub for a beer (**or three...**) afterwards.

Good luck, and cheers.

andy & dan

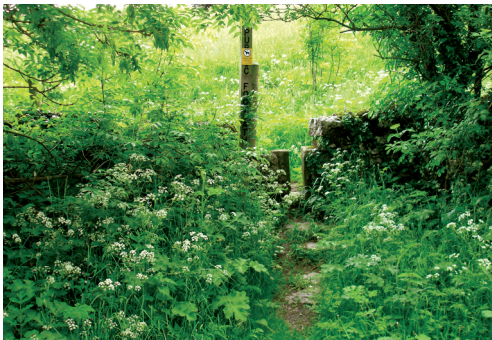
**PIC
01.**



**PIC
02**



**PIC
03.**



01 ■ Left out of the Baslow car park passing the Cavendish Hotel.

02 ■ At the roundabout go straight on (second exit) in the direction of Stockport/Manchester.

03 ■ At the next roundabout take the first exit.

04 Churchyard.

05 ■ Left in direction of Bubnell over the bridge by the Rutland Arms.

06 ■ Straight across from the bridge is a small passage at the right side of the house. Carry straight on up the passage. **PIC01.**

07 ■ Through a gate then past an opening keeping straight on.

08 ER in the hillside.

09 ■ Footpath sign diagonally left, hit the road and turn right. Follow the road for approximately 1.25 miles.

10 ■ At Hassop Road turn left in the direction of Bakewell. You will pass the Eyre Arms.

11 ■ Turn right signed 'Great Longstone'.

12 Hassop Hall.

13 ■ Miss the first and second set of green gates. At the third set of green gates turn left onto the footpath, before the road that comes in from the right.

14 ■ At the gate, zigzag right and left and follow the wall.

15 Small wood of trees on left. After trees, head towards the house diagonally right.

16 ■ Onto the road and turn left.

17 ■ By the Toll Bar House on the left, turn right through a gate, then a second gate and turn right onto old railway 'Monsal Trail'.

18 ■ Pass under 4 bridges. At the closed tunnel sign turn right.

19 ■ Follow the wall on the left and go diagonally right heading for the gate.

20 ■ Go through the gate, follow the wall and aim for the buildings.

21 ■ Through the gate onto the road.

22 ■ Turn left following sign for 'Monsal Head'.

23 Pack Horse Pub on the right hand side.

24 Little Longstone chapel on the right.

25 ■ Go to the right of the Monsal Head Hotel.

26 Café for refreshments if required.

27 ■ Head for the footpath sign and go down in direction of 'Upper Monsal viaduct'. **PIC02.**

28 ■ Alternatively go left towards viaduct and onto the Monsal trail.

29 ■ Turn left, bang on the door and pay the toll to go through the tunnel.

30 ■ Right onto 'Monsal viaduct'.

- 31 ■ Over the viaduct, over a little bridge, left at the sign for footpath, through the gate and left down the hill.
- 32 ■ Down towards the river and follow it to the right.
- 33 ■ Cross the stile and head for the road.
- 34 ■ Cross the road and take the path to the right of the car park by the parking meter.
- 35 ■ Over the stile at the stream and straight up hill.
- 36 ■ At the sign, follow the blue arrow right towards 'Deepdale'.
- 37 ■ Right through the gate and follow the wall at the left hand side.
- 38 ■ Through the gate at the end keeping the wall on the left hand side.
- 39 ■ At the road zigzag straight on.
- 40 ■ Straight on past 'Hard Rake' sign.
- 41 ■ Cross over the stile, straight over towards the yellow peg (to the left of the trees).
- 42 ■ Carry straight on, heading for the footpath sign over the stile and left heading for next yellow footpath sign.
- 43 Farm on the left and straight on is 'Monyash'.
- 44 ■ Onto the road turn right.
- 45 ■ At the T junction turn left.
- 46 ■ Past The Bullshead pub on left hand side.
- 47 Monyash Checkpoint
- 48 Public toilets on the right hand side.
- 49 ■ 'Lathkill Dale' national nature reserve sign on right. Follow footpath signs.
- 50 At the fork in the road take the lower left path staying in the valley bottom.
- 51 ■ Carry straight on past the bridge on the right hand side.
- 52 ■ Follow the stream for approximately 3.5 miles.
- 53 ■ Mini waterfall on the right hand side. Follow through straight through the gate.
- 54 ■ Carry straight on, missing another bridge on the right.
- 55 ■ See the sign on the tree "No Public Road Toll 1p". Through the gate and follow round to the right by Lathkill Dale Lodge and follow the public footpath signs. (Note end of 3.5 miles of the stream)
- 56 ■ At the T junction with the road, turn left onto the road.
- 57 ■ After approximately 70 metres from the hairpin turn left into the field following the footpath signs. Bear right and continue parallel with the road. **PIC03.**
- 58 ■ Head towards the Sharp Bend road sign and go through the wall and turn left on the road.
- 59 Noton Barn Farm on the right hand side and B-road on left hand side.
- 60 ■ After approximately 100 metres turn right following the footpath sign. Bear left diagonally.

61 ■ Turn right through gate then left.

62 ■ Go at 45 degrees, dropping down.

63 ■ Go through the gate.

64 ■ Go through the stile to left, ignoring gate in front, following the wall on the right hand side.

65 ■ Keep to the right of the fenced school.

66 Cemetery on the right hand side.

67 ■ Triangle of grass with a phone box. Go to the right.

68 ■ Go right by the post box off the road.

69 ■ At the end of 'Butts Road' turn right and go into Bakewell.

70 ■ Follow the main road signs for Chatsworth through the roundabout with the war memorial.

71 'Edge of the World' shop on the right hand side.

72 Public toilets and shops for refreshments.

73 'Red Lion' pub on right hand side.

74 'Wheatsheaf' pub on left hand side, continue straight on.

75 ■ Straight over the bridge, noting the 'Red Cross' on right hand side.

76 ■ Continue up station road, noting the sign for the industrial estate.

77 ■ Continue up the road signed as national speed limit and also 'Unsuitable for motor vehicles'.

78 ■ Pass Bakewell Golf Club on left hand side.

79 ■ Follow the road past Ballcross Farm on the left hand side.

80 ■ At right fork from main road, bear right.

81 Checkpoint.

82 ■ Enter Edensor village.

83 ■ At the triangle of grass turn left.

84 Teashop here.

85 ■ Through the gate and continue straight over onto the path.

86 ■ Carry on over the bridge.

87 ■ Turn left and continue straight on towards Baslow.

88 ■ have a pint and celebrate!